



Reflexology Association of Canada
 304 – 414 Graham Avenue
 Winnipeg, MB R3C 0L8
 Phone : 204 477 4909
 Fax : 204 477 4955
 www.reflexologycanada.ca



BOARD OF DIRECTORS NOMINATION
Nominee Application & Questionnaire

Name _____

Employer (if applicable) _____

Email _____

Home Address _____

Home Phone _____

1. Have you ever served on a Board of Directors? YES NO
 - a. Was it for a national organization? YES NO

2. Describe any involvement in professional/community organizations and/or committees.
 - a. Please explain the governance style of the Board/Committee that you were involved in.
 - b. How should a Board/Committee behave?

3. Are you comfortable at making decisions?
 - a. Explain how consensus based decision-making works.
 - b. Please give an example of a time you were involved with this type of decision-making.

4. Are you comfortable at delegating tasks? Describe how you would delegate tasks.

5. Are you comfortable with change and innovative thinking?
 - a. Explain a situation where you thought “out of the box” to develop a creative solution to a problem.
 - b. When presented with a new idea or challenge, how would you prepare to deal with it?

6. Are you comfortable with confrontation?
 - a. Explain a situation where you successfully used conflict resolution to sort out a situation.
 - b. Explain a situation where you were required to represent an unpopular point of view in a group setting?

7. How long have you been involved with RAC to date? _____ years
 - a. What has been the best thing about being involved in RAC?
 - b. What concerns does RAC face?
 - c. Please describe your volunteer contributions in relation to RAC.

8. In preparation for your commitment to the Board, how do you plan to organize your current personal, professional and volunteer commitments?



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9. What contribution will you make to the RAC Board of Directors?
 - a. What is your motivation for serving as a RAC Director?
 - b. What are your expectations?
 - c. What qualities will you bring to the Board?
 - d. What three goals would you set for yourself, should you be chosen? Explain.

 10. If available, please attach your current professional resume.

As an applicant for the Board of Directors of the Reflexology Association of Canada (RAC), I understand that I am expected to prepare for, attend and actively participate in regularly scheduled meetings (conference calls, semi-annual strategic planning sessions and the Annual General Meeting).

I agree to abide by the Reflexology Association of Canada's Bylaws, Policies and Professional Code of Conduct, representing the Board of Directors and the Association to the best of my abilities.

By signing, I attest that all submitted information is accurate to the best of my knowledge.

Signature: _____

Date: _____
