

**WORKSHOP SPONSORED BY RAC LONDON AND AREA CHAPTER
"AROMATHERAPY FOR REFLEXOLOGISTS"**

Essential Therapies: A Center for Holistic Studies

Instructor~Practitioner: Gayle C. Gage

Clinical Aromatherapist CAHP

Registered Reflexology Practitioner; LaStone Therapist

Multiple Modality Instructor; Usui Reiki Master-Teacher

www.essentialtherapies.ca

This workshop will cover the following topics:

- ~ Review of body systems and their most common diseases.
- ~ Exploration of the oils used to treat these diseases and cross reference to each system. (Contraindications included)
- ~ Creating a "custom prescription" tailored to your clients needs.
- ~ Application and treatment methods for use in Reflexology & more.

Participants will both give and receive treatments as part of their workshop training. A *Certificate of Completion will be issued after successfully completing workshop & 5 case studies. Handouts and reference materials will be given. Essential oils will be provided during class for practicals and may be purchased at student rates.

Course Date: Saturday April 2 and Sunday April 3, 2011, 9 am – 5 pm

Location: Suite 202 - 1670 Jalna Blvd., London, Ontario N6E 3S4

Course Fee Non-RAC participants: \$246.00 + 31.98 HST= \$277.98

Course Fee RAC RCRT members: \$198.00 + 25.74 HST= \$223.74

Counts as 5 Continuing Education Credits for RCRT

Prerequisite: Certification in Reflexology from a recognized School or Instructor's discretion on students knowledge and experience.

***Certificate of Completion issued after review of 5 case studies**

(*2 hours post workshop review by Instructor with telephone follow up)

Home stay Saturday night can be arranged for a limited number of out of town attendees. Please e-mail Sylvia Bass West before March 10, 2011 at sbasswest@reflexolog.org and indicate on your form if this option is required.

AROMATHERAPY FOR REFLEXOLOGISTS

Date: Saturday April 2 and Sunday April 3, 2011

Time: 9:00 - 5:00 each day, with 1 hour daily lunch break

Workshop Content:

- History
- Body System Reviews
- Essential Oil Chemistry
- 18 Essential Oil Profiles
- Carrier Oils
- Hydrosols
- Diseases and their Oils
- Cross references
- Blending and Applications
- Working the Reflexes
- Case Studies

REGISTRATION AND PAYMENT DUE MARCH 15, 2011

RAC - AROMATHERAPY FOR REFLEXOLOGISTS WORKSHOP

Return completed form to: Essential Therapies 202-1670 Jalna Blvd. London, Ont. N6E 3S4

Name: _____ Date: _____

Address: _____

Phone: _____ Email: _____

RAC RCRT number: _____

Payment: _____ Mastercard _____ Visa (check one)

Card Number _____

Security Code: _____ Expiry Date: _____

Signature: _____

Yes, I would appreciate home stay for Saturday night. I have informed Sylvia of this request.

I would appreciate consideration of the following special needs. (allergies etc)

I am travelling with others and would like to stay with or near

Name _____

Name _____

Name _____